

client logo

"I'm going to learn more about diabetes"

joejones

Dashboard

Goals

Skills

Progress

Trackers

5 skills achieved

15 challenges met

Your challenge: Test your diabetes IQ

You have been working overtime to understand diabetes and get your blood glucose (sugar) under control and that's great. The more you know about how diabetes affects your body and the steps you can take to keep your blood glucose under control, the better it is for your long-term health.

Do you know all the essentials? Let's take a few minutes to quiz your knowledge. Maybe you will learn something new along the way. Let's get started.

Do it!

What's next?

Next recommended challenge

Subsequent recommended challenge

Related challenge

How are you feeling?

6.0

Terms and Conditions

Privacy policy

About us

Help

1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.

Profile

Sharing

Interests

Message Center

Sign out

3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Button or link takes user to individual challenge page.

6.0: When user clicks on a smiley, it confirms the selection visibly and shows a link to see your mood history:

How are you feeling?

View your mood history

Page 1/10

Mood tracker

client logo

"I'm going to learn more about diabetes"

joejones

DashboardGoalsSkillsProgressTrackers

5 skills achieved15 challenges met

Mood tracker

Your Mood tracker is like an emotional timeline. By recording your mood regularly and adding journal entries, you can start to see patterns in what causes good moods, and how to prevent the stress and temptation that often go along with bad moods.

😊

😐

😞

June 10

June 17

June 24

July 1

July 8

July 15

July 22

July 29

Today's mood

😐😐😊

Your journal entry for the day...

Save

Terms and Conditions

Privacy policy

About us

Help

1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below).

Profile

Sharing

Interests

Message Center

Sign out

3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Clicking arrow would refresh the graph with the previous period (6-8 weeks)

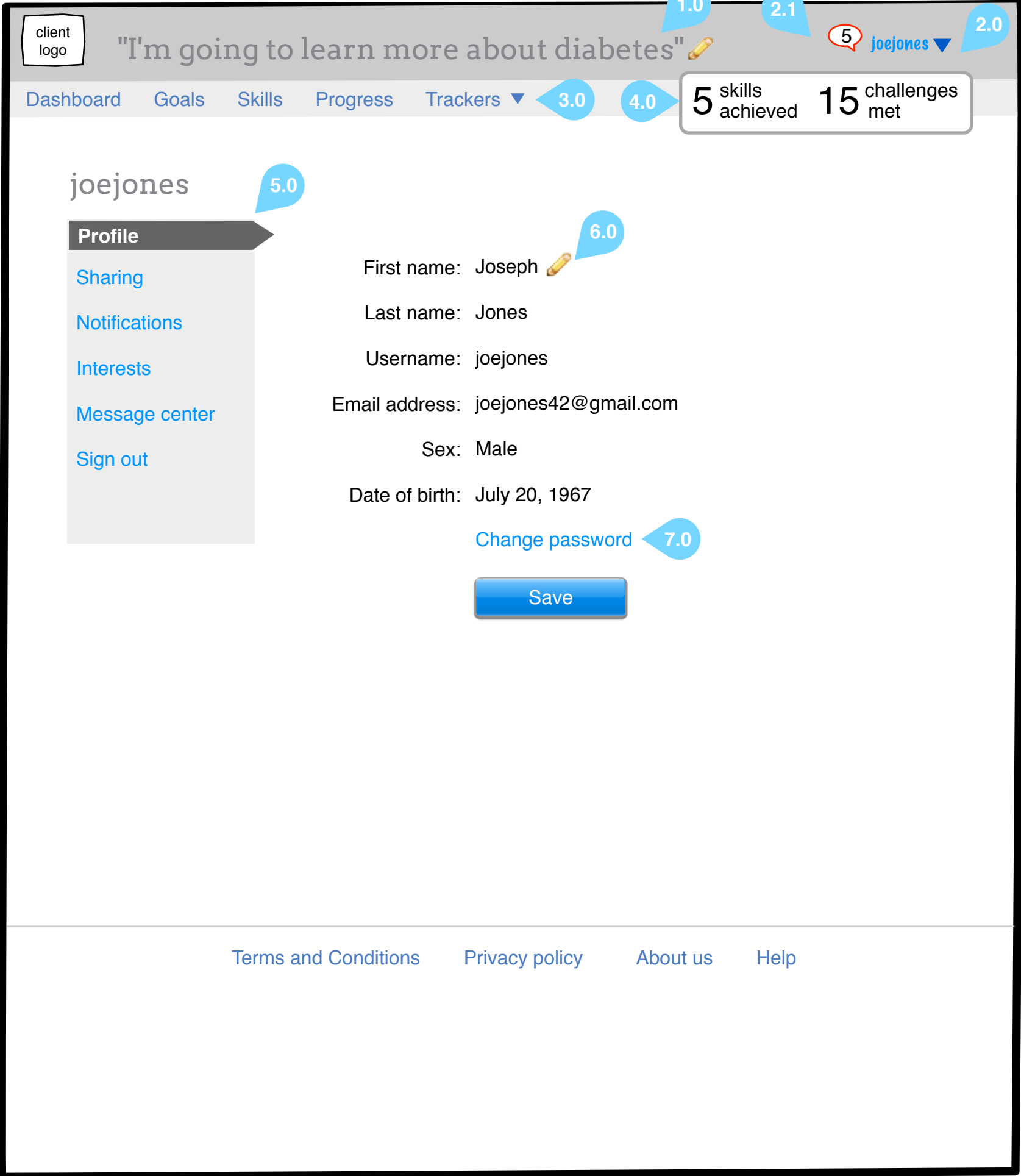
6.0: Forward arrow would only appear when there is subsequent data

7.0: User can click on a different smiley to change their mood for the day. The tracker point would change as well.

8.0: Dots on timeline denote a journal entry on that day. When the user mouses over the dot, a hoverbox appears with the content of that journal entry:

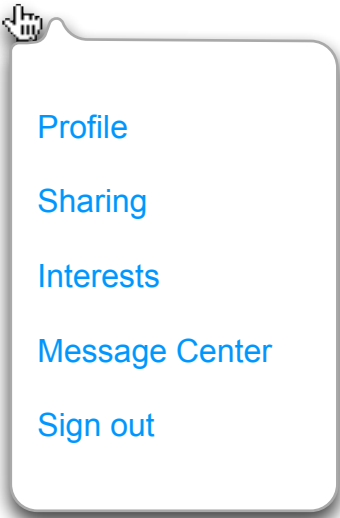


Profile



1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below).



2.1: Notification appears when there are unread messages in message center

3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Selected sub nav item treatment

6.0: On mouseover, edit icon appears and user can click on text. When clicked, text becomes an editable field, like this:

First name:

If Sex field is clicked, div expands:

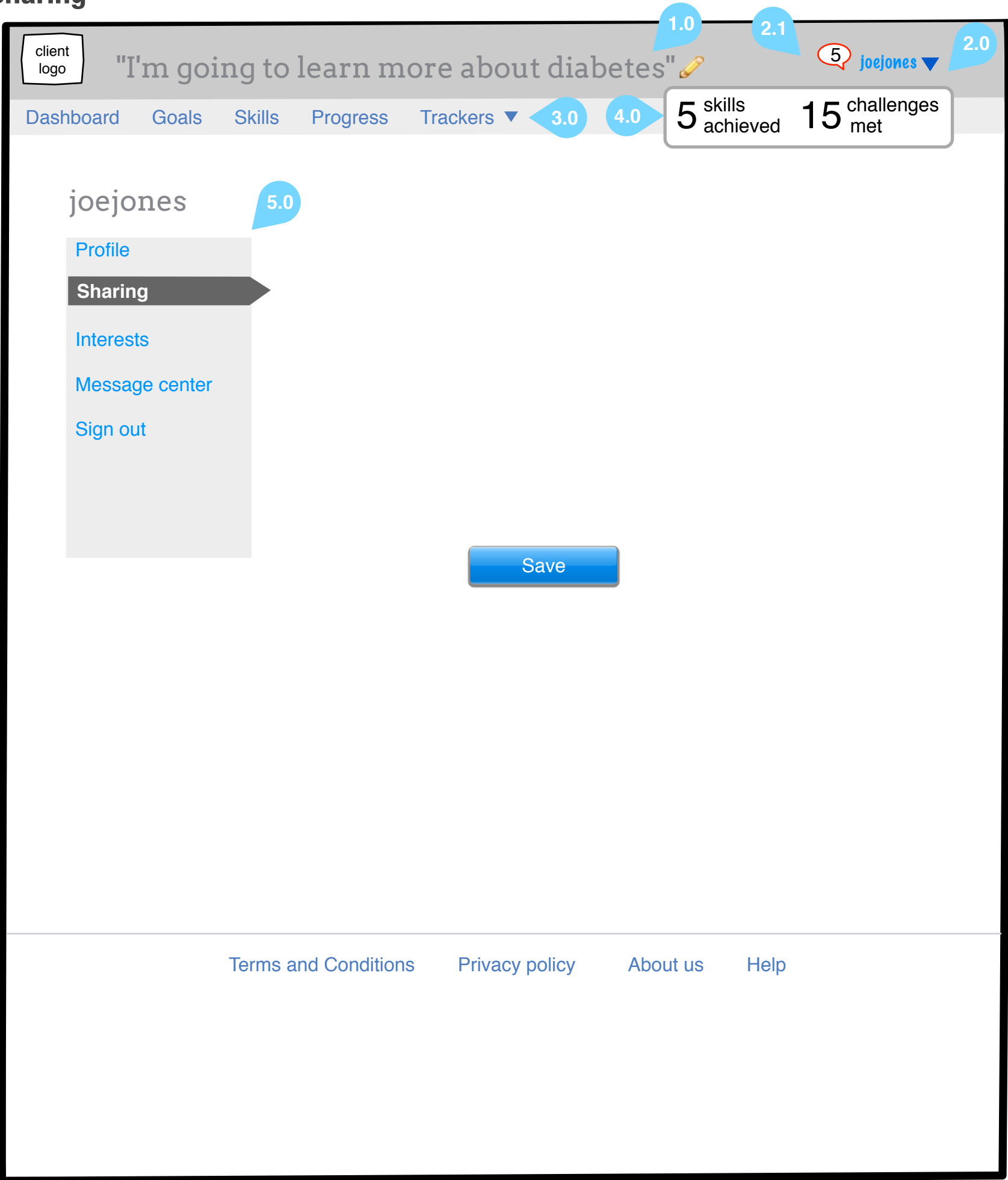
Sex: ☒ Male
☐ Female
☐ Prefer not to answer

DOB field:

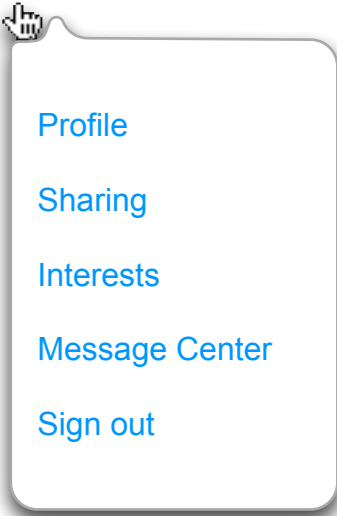
Date of birth: / /

7.0: Change password link goes to a different page.

Sharing

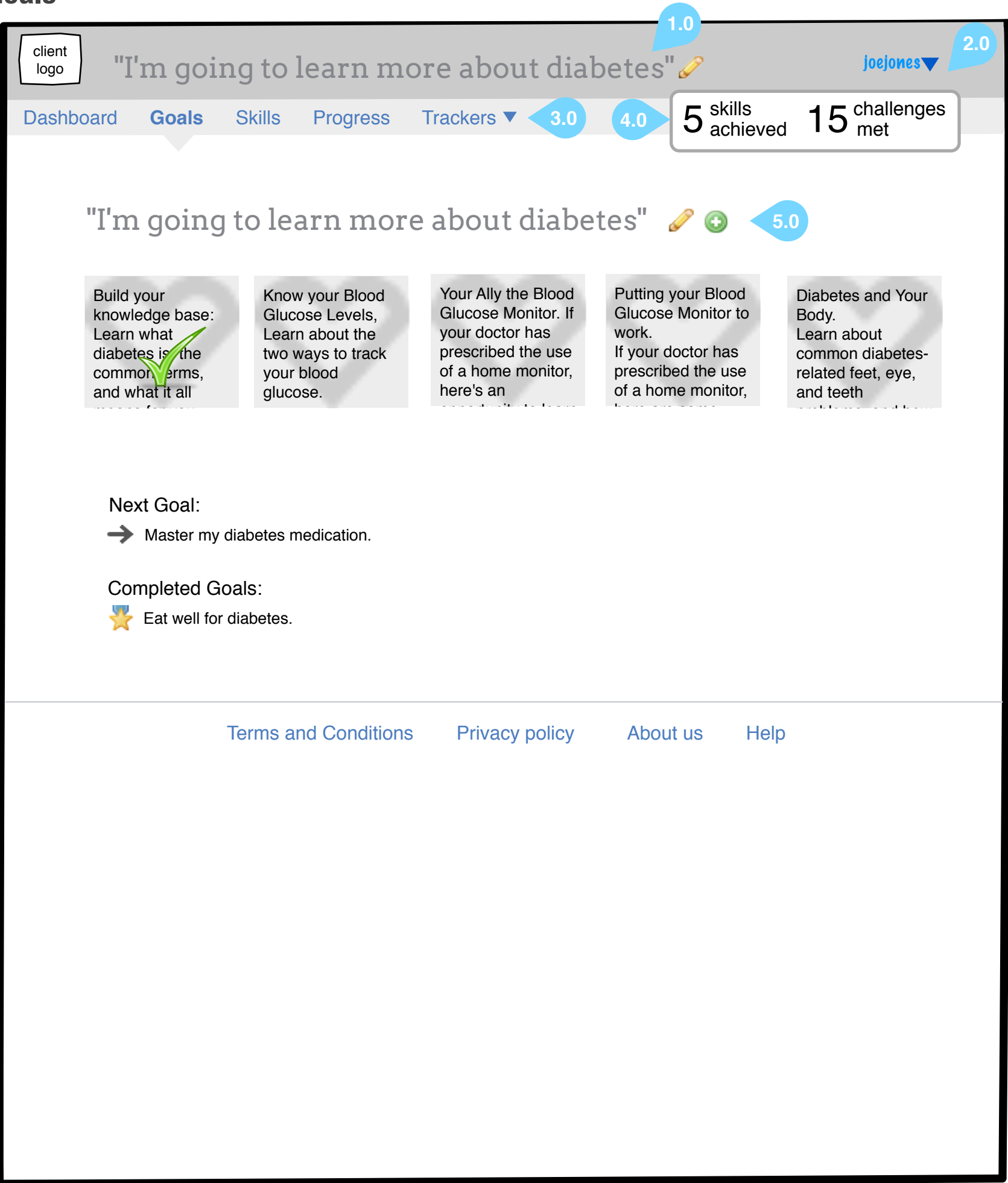


- 1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.
- 2.0: Dropdown window appears on mouseover with links to account/profile pages (see below).



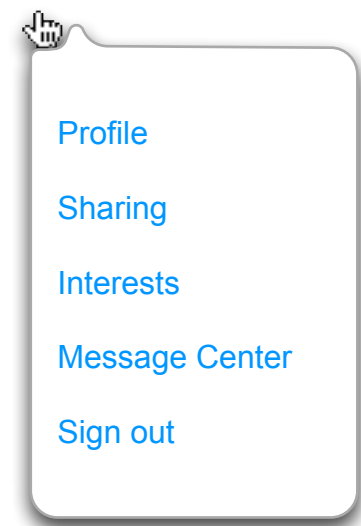
- 2.1: Notification appears when there are unread messages in message center
- 3.0: Dropdown with links to Mood Tracker and Health Statistics
- 4.0: Indication of how many skills and challenges have been achieved, links to Progress page.
- 5.0: Selected sub nav item treatment

Goals



1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.



3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Clicking on pencil icon lets user edit (next), add icon add a goal (subsequent)

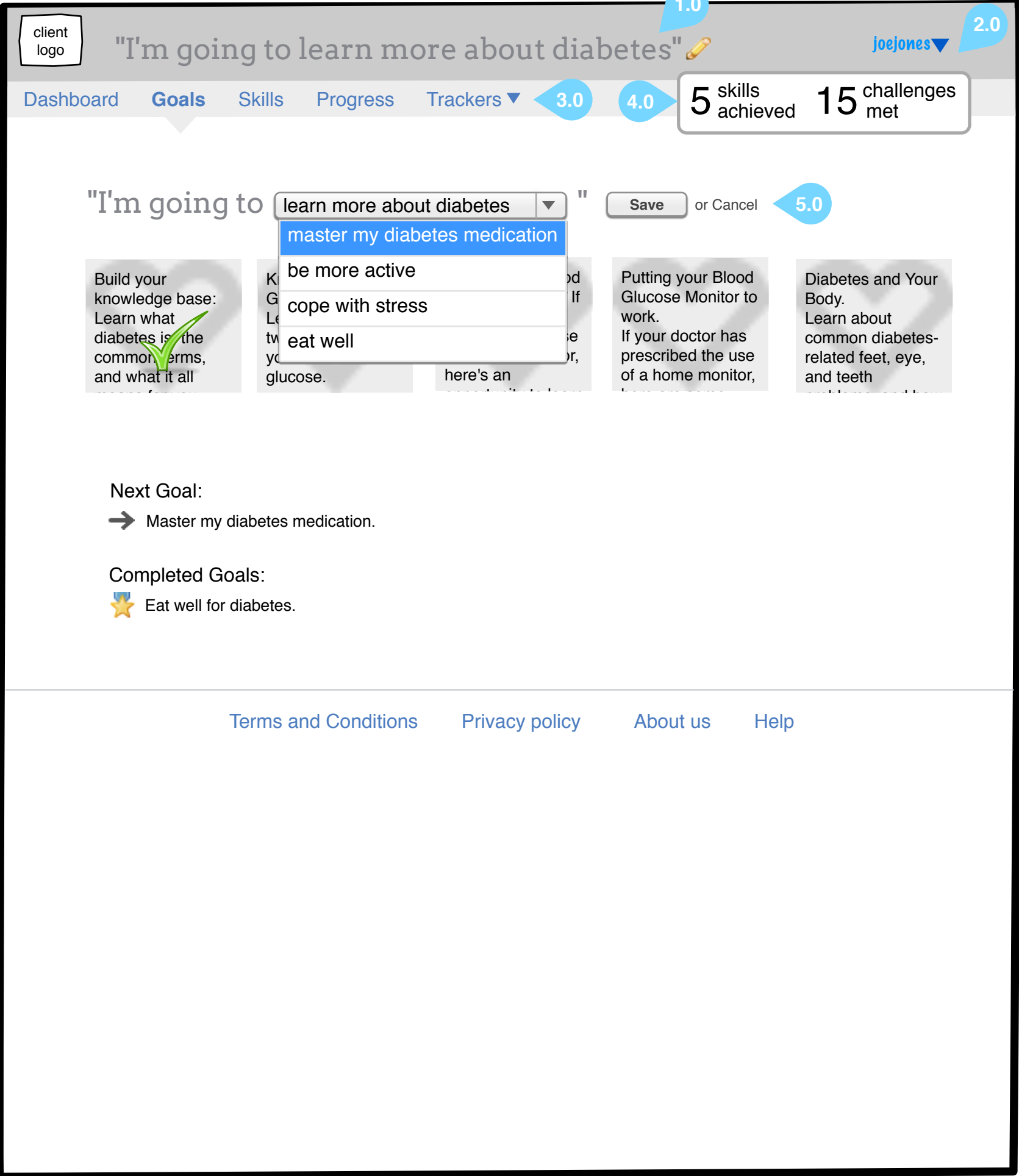
Goals page – user can:

- Add a goal
- Delete a goal (only if there's more than one goal present)
- Edit a goal
- See skills toward goals

Question: If "in progress" goal is changed or deleted, do we save the progress of the previous goal?

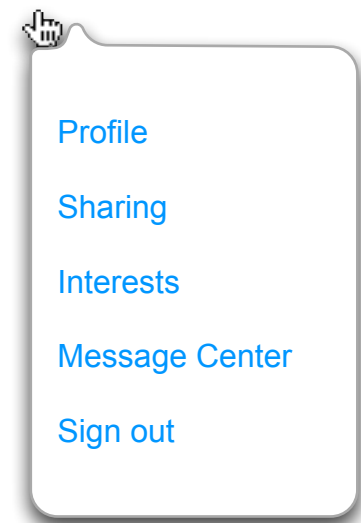
Answer: Yes, as a "suggested" or "next" goal.

Edit Goal



1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.



3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.


5.0: When user clicks the edit button, the latter part of the goal (after "I'm going to") changes to a pulldown, and user can select another goal. After selecting another goal, user can either select Save or cancel. Selecting Save will trigger an "are you sure" modal:



Clicking OK will make the modal disappear and change the new pulldown selection to text, as it was before. Clicking cancel will revert to previous goal in static text.

Edited Goal

client logo

"I'm going to master my diabetes medication" 

joejones ▼

Dashboard

Goals

Skills

Progress



Trackers ▼

3.0

4.0

5 skills achieved

15 challenges met

"I'm going to master my diabetes medication"  

5.0

How can medications help? Learn about how diabetes can help you manage diabetes

All About Insulin. Learn how insulin can help you manage diabetes, and how best to take it

injecting Insulin: Doing it right. Learn the proper techniques to take the stress out of injecting

Be prepared for side effects. Medications often have side effects. Know what to expect, and how to deal with them

Getting on the right track with your medications. Learn about, and try out some techniques to help you manage your diabetes

Next Goal:

➔ Learn more about diabetes. 20% complete!

➔ Cope with stress.

Completed Goals:

🌟 Eat well for diabetes.

Terms and Conditions

Privacy policy

About us

Help

1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.
Note: goal changes in header once the user confirms goal change.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.

Profile

Sharing

Interests

Message Center

Sign out

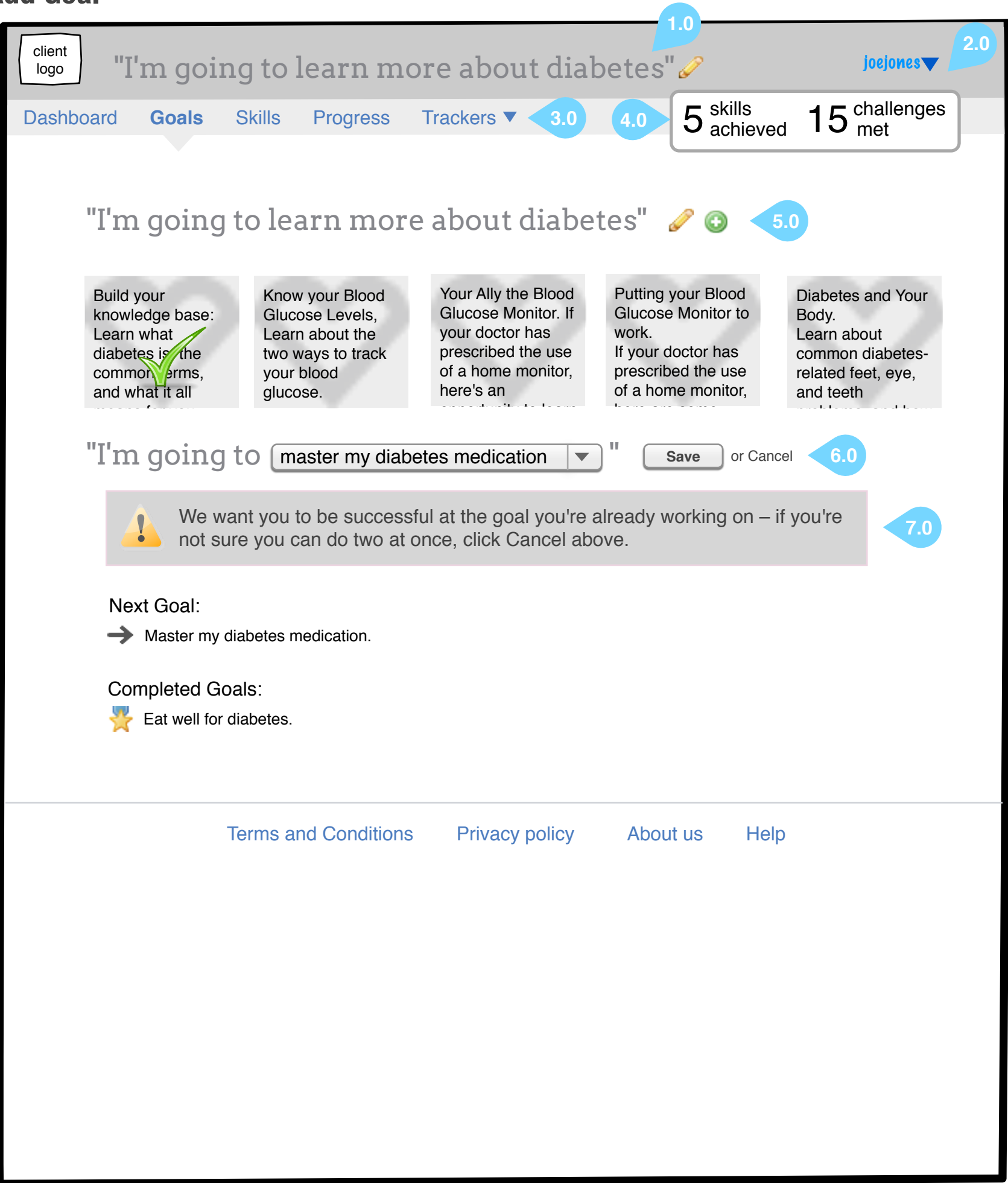
3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Clicking on pencil icon lets user edit (next), add icon add a goal (subsequent)

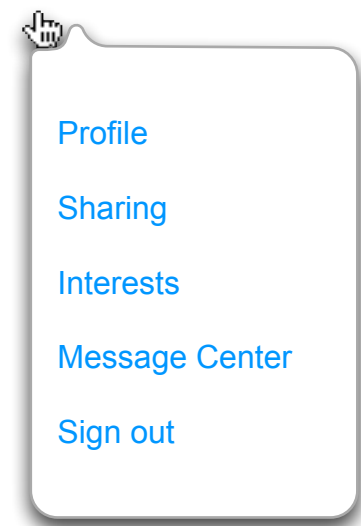
Page 7/10

Add Goal



1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.



3.0: Dropdown with links to Mood Tracker and Health Statistics

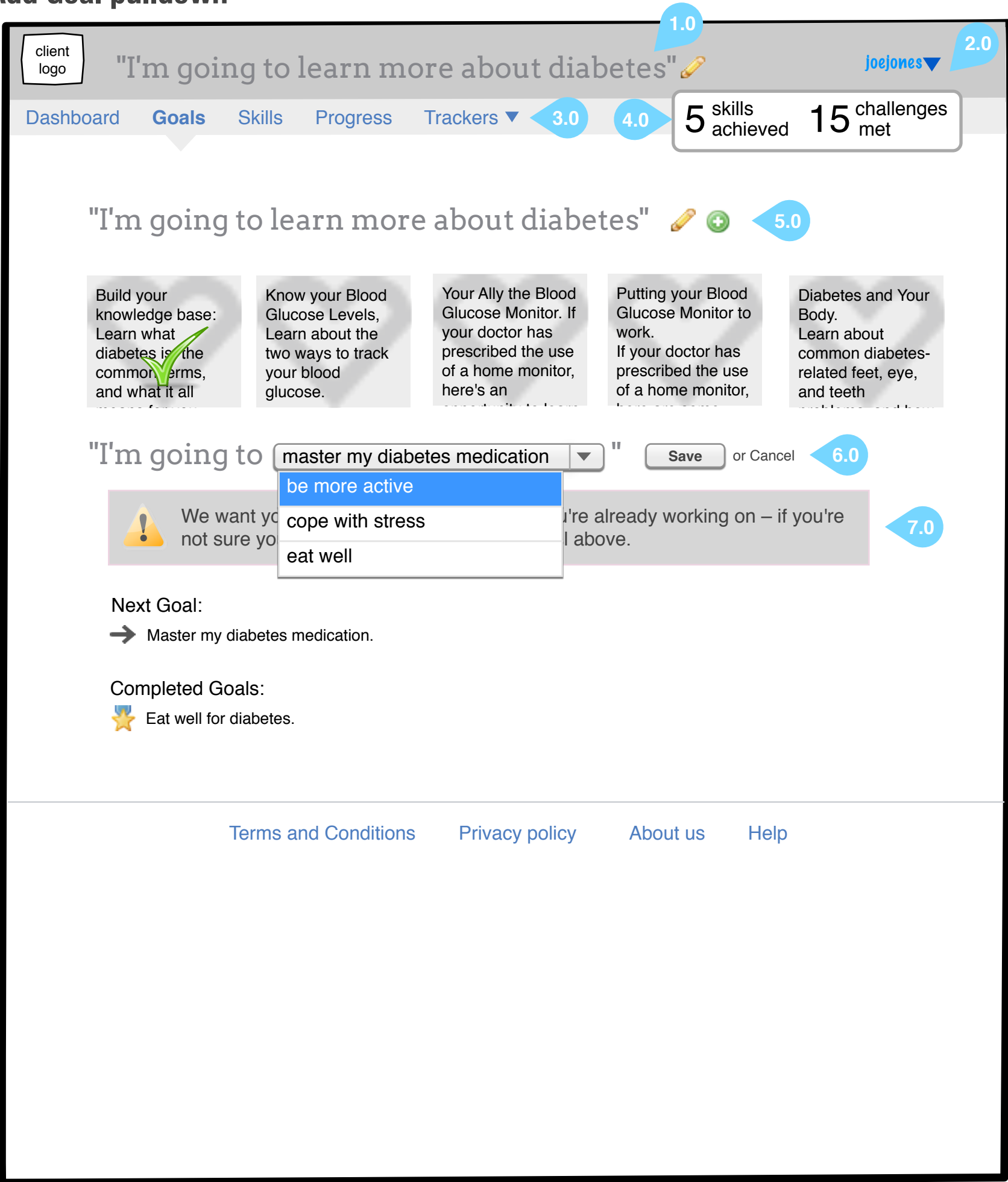
4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Clicking on pencil icon lets user edit (next), add icon add a goal (subsequent)

6.0: Clicking add icon inserts new goal with pulldown under the previous goal's skills and above the Next Goal section.

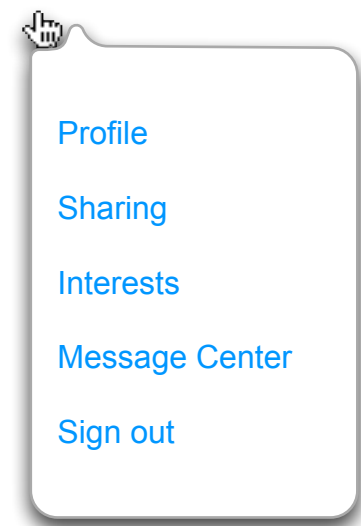
7.0: Level 1 or 2 users would see a "warning" message underneath the new goal selection advising them to reconsider working toward two goals at once (language TBD).

Add Goal pulldown



1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.

2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.



3.0: Dropdown with links to Mood Tracker and Health Statistics

4.0: Indication of how many skills and challenges have been achieved, links to Progress page.

5.0: Clicking on pencil icon lets user edit (next), add icon add a goal (subsequent)

6.0: Clicking Cancel removes the new goal and warning message. Clicking Save shows a confirmation modal:



7.0: Level 1 or 2 users would see a "warning" message underneath the new goal selection advising them to reconsider working toward two goals at once (language TBD).

Goal Added

client logo

"I'm going to learn more about diabetes"

Joe Jones

DashboardGoalsSkillsProgressTrackers

3.04.0

5 skills achieved15 challenges met

"I'm going to learn more about diabetes"

Build your knowledge base: Learn what diabetes is, the common terms, and what it all

Know your Blood Glucose Levels, Learn about the two ways to track your blood glucose.

Your Ally the Blood Glucose Monitor. If your doctor has prescribed the use of a home monitor, here's an

Putting your Blood Glucose Monitor to work. If your doctor has prescribed the use of a home monitor,

Diabetes and Your Body. Learn about common diabetes-related feet, eye, and teeth

"I'm going to master my diabetes medication"

How can medications help? Learn about how diabetes can help you manage diabetes

All About Insulin. Learn how insulin can help you manage diabetes, and how best to take it

injecting Insulin: Doing it right. Learn the proper techniques to take the stress out of injecting

Be prepared for side effects. Medications often have side effects. Know what to expect, and how to deal

Getting on the right track with your medications. Learn about, and try out some techniques to

Next Goal:

➔ Master my diabetes medication.

Completed Goals:

🌟 Eat well for diabetes.

Terms and ConditionsPrivacy policyAbout usHelp

- 1.0: On mouseover, edit icon appears and goal becomes clickable, takes user to Goals page.
- 2.0: Dropdown window appears on mouseover with links to account/profile pages (see below). Clicking on username would take user to Profile page.

Profile

Sharing

Interests

Message Center

Sign out

- 3.0: Dropdown with links to Mood Tracker and Health Statistics
- 4.0: Indication of how many skills and challenges have been achieved, links to Progress page.
- 5.0: Clicking on pencil icon lets user edit (next), add icon add a goal (subsequent). Delete button only appears when there's more than one goal.